



294 High Street, Orpington BR6 0NF

☎01689 60 1429

bookings@masaladabbas.co.uk

info@masaladabbas.co.uk

www.masaladabbas.co.uk

MENU

SMALL BITES WITH YOUR DRINKS

Masala Peanuts 3.65

Chilli Cashewnuts 5.95

Papad Basket 3.65

STARTERS

STARTERS - VEGETARIAN

Achari Paneer Shashlik GF

Tandoori Paneer with Peppers and Onions marinated in garlic, yoghurt, pickle and a blend of spices 8.95

Hyderabadi Cut Mirchi GF DF V

Dutch green chili pakoras stuffed with caraway & tamarind mix topped with Onions and special MD spices 6.45

Idli Sambar GF V

Steamed Rice and Lentil cakes served with Sambar 5.95

Sambar Vada GF V

Savoury fried lentil dumplings served in Sambar 6.45

Veg Manchurian DF V

Assorted vegetable balls tossed with onion, chili, garlic and soybean sauce 6.95

Kurkure Onion Pakora DF V

True Onion Bhaji, The Indian way 6.95

Aloo Bonda DF GF V

Spicy Potato mash dipped in Chickpea batter and deep fried 5.95

MD Veg Platter

Samosa, Onion Pakora, Achari Paneer, Aloo Bonda 13.45

THE CHAAT CORNER

Liquid Explosion v

Are you Ready for taste explosion? Tiny crisp puris filled with crushed chickpeas and sweet n sour tamarind chutneys with tangy Jal jeera 5.45

Punjabi Samosa Chaat

Favourite Indian street food, served on crushed chickpeas, tangy chutneys and yogurt, with special MD spices 6.45

Aloo Tikki Chaat GF

Popular Indian Street Food, Potato Patties served on Spiced Chickpeas, tangy Chutneys and Yoghurt 6.45

Chana Papdi Chaat

Crispy wheat fritters served with spiced chickpeas, diced potatoes, tangy chutneys and yoghurt 5.95

A 10% discretionary service charge will be added to your bill. Dishes may contain or have been in contact with nuts. We also can serve vegan. Most of the dishes can be served mild or hot. Please let a member of staff know of any allergies or dietary requirements. GF - Gluten Free DF - Dairy Free V - Vegan N - Contains Nuts GM – Genetically Modified



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STARTERS - POULTRY, MEAT AND SEA FOOD

Mirchi Chicken GF

Strips of fried chicken thigh tossed with chilli, garlic, mixed bell peppers and onions 7.95

Tarragon Chicken Tikka GF

Diced chicken supreme marinated with Tarragon & Coriander paste and tandoori spices 7.95

Chicken Tikka GF

Pieces of Chicken thigh marinated in a special spice blend and cooked in the Tandoor 7.95

Gilafi Lamb Seekh GF

Rustic minced lamb marinated with special MD spices finished with a cover of onions and peppers 8.95

Garlic Pepper Scallops GF DF

Hand dived king scallops with spring onion, garlic, cloves, and crushed pepper 10.95

Crunchy Soft-shell Crab GF DF

Spicy battered and fried soft-shell crab with peppers, garlic and tempered MD special mayo 9.45

Koliwada Prawns GF

Mumbai style crispy fried prawns with tomato chutney and pickled black radish 8.95

Kashmiri Lamb Loin Chops GF (2 Pcs)

Tender lamb loin chops marinated with Kashmiri chilli, ginger & spices served with chilli mint chutney 12.95

Saufiyani Salmon GF

Scottish Salmon, flavoured with a blend of royal cumin, dill and yoghurt 10.95

MAINS - VEGETARIAN

Bagara Baingan aur Mirchi GF DF N V

Baby Eggplant and Green Chillies in a tangy peanut, white sesame seed, coconut, tamarind sauce 9.95

Haveli Kofta GF DF V N

Assorted mixed vegetables dumplings with MD spices served in a rich North Indian style sauce 9.95

Chatpate Aloo GF DF V

Potatoes cooked with a blend of MD spices 5.45 / 7.95

Bhindi Do Pyaaza GF DF V

Okra and Onions stir fried with MD spices 6.95 / 9.95

Subj-Miloni GF V

Fresh assorted vegetables & Spinach cooked with MD spices 7.95

Panchmirch Paneer GF N

Cottage Cheese pieces, Onions, Capsicum cooked with a special mix of MD spices 8.95

Palak Paneer GF

Cottage cheese and spinach cooked with MD spices, tomatoes and onions 8.95

Tofu Matar Tamatar V GF GM 8.95

Tofu, tomatoes and peas cooked in MD spices

Rajma Masala GF DF V

Kidney Beans cooked in a thick, typical Punjabi sauce of dry mango powder and chilies 5.95 / 7.95

Lehsuni Dal Panchratni GF DF V

Traditional Rajasthani lentil delicacy – a delicious and nutritious fusion of different types of lentils, tempered with garlic oil 5.95 / 7.95

Dal Makhani GF

Thick black lentil, flavoured with tomato and cream, simmered for hours on a low flame 8.45

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MAINS - POULTRY, MEAT AND SEAFOOD

Malabar Pepper Chicken GF

Chicken thighs cooked in a spicy black pepper, onion, cardamom and coconut sauce 10.45

Dill and Spinach Chicken GF

Chicken cooked with creamed spinach and dill 10.45

Kothamalli Pudina Kozhi Kari GF DF

Pondicherry style chicken cooked in a blend of MD spices, coriander and mint 10.45

Butter Chicken GF N

Tandoori Chicken Tikka simmered in a tomato & butter sauce laced with cream 10.45

Chettinadu Vaattu (Duck) GF

Breast of Duck cooked in a traditional Chettinadu style with aromatic spices, curry leaves, tamarind and coconut milk 14.95

Kashmiri Rogan Josh GF

Tender pieces of lamb cooked with Kashmiri red chillies 11.95

Lamb Xacutti GF

Lamb cooked in a Goan style sauce of red chilli, poppy seeds, and aniseeds 12.95

Maacher Jhol GF

A traditional Bengali and Odiya spicy fish (Tilapia) in yoghurt & Coconut milk stew seasoned with turmeric, garlic, onions, grated ginger and seasoned with Mustard Oil 11.95

Macchi ka Saalan N GF

Salmon marinated in a blend of spices grilled in the Tandoor, served in a peanut, sesame, tamarind and coconut Saalan Sauce 12.65

Jhinga Kalimirch GF DF

King prawn tossed with bell peppers and crushed black pepper 10.95

FROM THE TANDOOR

Lamb Chops KASHMIRI

STYLE GF (3 Pcs)

Tender lamb chops marinated with Kashmiri chilli, ginger & spices served with chilli mint chutney 16.95

Tandoori Vegetable Chaat

Assorted Vegetables – Broccoli, Peppers, Courgette, Pak Choy, Pineapple, Chestnut Mushroom marinated in a special spice mix and cooked in the Tandoor 14.95

MD Tandoori Platter GF

Chicken Tikka, Tarragon Chicken, Lamb Seekh, Saufiyani Salmon (2 pcs each) 17.95

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BIRYANIS & RICE

Vegetable Dum Biryani GF

Long grained Basmati Rice layered and cooked with a mix of seasonal vegetables on dum with aromatic spices. Served with mixed Raita 10.45

Kathal Dum Biryani GF

Long grained Basmati Rice layered and cooked with raw jackfruit on dum with aromatic spices. Served with mixed Raita 10.95

Hyderabadi Dum Biryani – Chicken GF

Long grained Basmati rice layered and cooked with Chicken pieces on dum with aromatic spices, served Raita 11.95

Hyderabadi Dum Biryani – Lamb GF

Long grained Basmati rice layered and cooked with lamb pieces on dum with aromatic spices, served with Raita 13.45

Saada Chawal GF DF

Steamed Basmati Rice 2.95

Zafrani Pulao GF

Basmati rice cooked with aromatic spices and saffron 3.45

Tamarind Rice GF DF

Steamed rice mixed with cooked tamarind sauce and tempered with mustard, Chana dal, asafoetida, curry leaves, red chillies and peanuts 3.95

INDIAN BREADS

Tandoori Roti DF

Wholemeal flat bread 2.15

Butter Naan

Leavened flat bread with melted butter on top 2.50

Plain Naan

Leavened flat bread 2.25

Garlic Naan

Leavened flat bread with garlic 2.75

Chilli Garlic Naan

Leavened bread with green chillies and garlic pieces 2.85

Aloo stuffed Naan

Bread stuffed with spiced potato 3.65

Keema Naan

Bread stuffed with spiced lamb mince 3.95

Missi Roti GF DF

Bread made with a mix of spiced chickpea flour and cornflour 3.25

Sweet Naan

Naan stuffed with coconut and almonds 3.95

Laccha Paratha

Special layered bread made with refined flour 3.45

Cheese Naan

Naan stuffed with mild cheddar cheese 3.65

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ACCOMPANIMENTS

Selection of Chutneys GF 1.45

Onion Laccha 1.95

Punjabi Style Mixed Green Salad GF DF 3.65

Raita GF 2.95

FOR THE DIEHARD BRITISH CURRY FANS

Chicken Korma GF 10.45

Lamb Jalfrezi GF 11.95

Chicken Dhansak GF DF 10.45

Chicken Jalfrezi GF 10.45

Lamb Dhansak GF DF 11.95

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AVAILABLE DURING LUNCH ONLY

MASALA DOSA V, GF, DF

Rice and Lentil pancake stuffed with spiced and tempered potato mash, served with Coconut chutney and Sambar. 6.25

MASALA DABBAS THALI for One (not for sharing)

The Indian style Set lunch – a starter, mains, a vegetable, dal, naan and rice, a complete meal in a plate for one person (FOR Gluten Free and Dairy Free Options, please discuss with the Waiter)

MD Vegetarian Thali 14.95

VEG MANCHURIAN
PANCHMIRCH PANEER
MAKAI PALAK
TADKA DAL
BUTTER NAAN
ZAFRANI PULAO
GULAB JAMOON

MD Chicken Thali 15.95

MALAI CHICKEN
BUTTER CHICKEN
MAKAI PALAK
TADKA DAL
BUTTER NAAN
ZAFRANI PULAO
GULAB JAMOON

MD Vegan Thali 15.45

VEG MANCHURIAN
TOFU TAMATAR MATAR
TADKA DAL
TANDOORI ROTI
SAADA CHAWAL
SORBET

MD Lamb Thali 16.95

SEEKH KABAB
LABB ROGAN JOSH
MAKAI PALAK
TADKA DAL
BUTTER NAAN
ZAFRANI PULAO
GULAB JAMOON

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DESSERTS

ANANAS KA MEETHA

Spiced & Caramelised Pineapple with Pistachio Kheer topped with Jaggery Foam 6.95

GAJRELA WITH VANILLA ICE CREAM

A rich Indian Carrot pudding served with a scoop of Vanilla ice cream – an all-time favourite 5.95

MATKA KULFI

Traditional Indian Ice Cream from the Northern Parts of India 5.95

GULAB JAMUN WITH VANILLA ICE CREAM

Soft milk dough balls topped with Vanilla ice cream 5.95

SELECTION OF ICE CREAMS

Vanilla, Chocolate, Cinnamon 5.95

SORBET GF

Lemon, Raspberry, Mango 5.95

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KIDS MENU

FISH FINGERS & FRENCH FRIES. - 5.99

BUTTER IDLI WITH COCONUT CHUTNEY – 5.45

KORMA – VEGETABLE / CHICKEN. – 6.95

DAL - 5.95

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